



RULES, WARNINGS, COVID INFORMATION

Game Rules:

- **2020 NCAA Rules Apply** (Dives are allowed)
- **Exceptions:**
 - There are NO Shot clocks of any kind ever.
 - NO stick checks by refs unless requested by coach and any heads can be used still.
 - Teams must clear midline in 20 seconds but there are NO shot clocks or touch it in requirements.
 - No clearing counts or shot clocks ever for 2028 & 2029.
 - Winning Team must 'Keep it in the Box' only in final 2 minutes of game if winning by 3 goals or less. 4 or more they do NOT have to keep it in. There is no stalling call allowed ever.

Covid Rule Modifications:

- Face offs: The Refs will ask the FO players to step back 6-10 feet. The ref will place the ball down and back away 6-10 feet. Then the players will go down once the ref says; DOWN, SET, WHISTLE

Game Timing and Management:

- HS: Four 11-minute quarters, 2 minutes between each quarters and halves
- Youth: : Four 10-minute quarters, 2 minutes between each quarters and halves
- One 30 second time-out per game and in one in OT can be taken at any time and the clock stops.
- Ties NOT allowed. Play an untimed Sudden Death until goal is scored.
- All penalties are running time starting on official whistle. The Field Manager at the table and official will BOTH keep running game clock and penalty clocks. If a dispute, go by table clock.

Playoff Tie-Breaker criteria:

1. Overall record
2. Head to Head (only if all tied teams have played each other)
3. Lowest Goals Allowed vs common opponents
4. Goals Scored vs common opponents
5. Lowest Goals Allowed
6. Most Goals Scored
7. Highest Goal differential

Note: Each Grade has unique playoff selection process so defer to Tourney Machine.

Other Information:

- The new COVID Waiver is ABSOLUTE REQUIRED. [REQUIRED COVID WAIVER & GRADE VERIFICATION FORM](#) to be eligible. Failure will result in a team forfeit.
- Tents are allowed on Friday but NOT on Saturday or Sunday since teams only play 2 games on Sat/Sun.
- All spectators MUST comply with NAL event Covid Guidelines that will be posted on Tourney Machine.
- Teams must always wear reversible game jersey or carry two jerseys. Failure results in loss of ball in opening possession.
- Please be aware that balls can and will fly from fields (shots or passes) and cause serious bodily harm. Do not sit directly behind goals or within reach of errant shots that could travel up to 100 yards from a goal.

